

**Winter 2009-2010 Exxcel Gymnastics and Climbing Class Schedule - Rolling Admission**  
 (617) 244-3300 [www.exxcel.net](http://www.exxcel.net)

Level	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>TODDLER PROGRAMS</b>							
Beginner	Mom, Dad & Tots 1, 18mo-2.5yr, 45 min	9:00			9:00		
	Mom, Dad & Tots 2, 2.5-3yr, 45 min	10:30	9:45				
Beginner	Tiny Tumblers, 2.5-3 yr	11:00	9:15	10:15	9:45	9:00	9:00
	45 Minutes		10:30	11:00	10:30	1:30	
			11:00				
Beginner	SuperTumblers 1, 3-4 yr	9:45	9:00	2:15	2:15	10:30	9:45
	45 Minutes	4:00	1:15	3:15	3:30 A, B	12:45	
			3:15	4:00			
			3:30				
Beginner	SuperTumblers 2, 4-5 yr	12:30	9:15	3:00	2:15	9:45	8:45
	45 Minutes	2:30	11:00			12:45	10:15
		4:00	2:00			3:15	
			3:15				
Intermediate	SuperDuperTumblers 1, 3-4.5 yr	1:15	10:00	1:15	1:15		8:45
	1 Hour	3:15	2:30	3:15	2:00		9:45
		4:15		3:30			
Intermediate	SuperDuperTumblers 2, 4.5-5 yr	1:15	10:00	2:00	1:15	1:45	8:30
	1 Hour	3:15	3:30		2:00		9:30
					5:30		
All Levels	Parent's Morning Out, 3-5 yr					9:00	
	3 Hours						
<b>GIRLS PROGRAMS</b>							
Intermediate	Exxcel Jets, 3-4 yr, 1.5 Hours	3:30			3:30		11:30
(By Recommendation)	Super Jets, 5-6 yr, 1.5 Hours	3:30	3:30			1:45	
	Junior Jets, 5-7yr, 1 Hour						10:30
Intermediate	Girl's Pre-Team C, 5-8yr						10:00
By Recommendation	2 Hours						
Beginner	GymStars 1, 5-6 yr	9:00	2:30	9:15	1:00	12:45	9:00
	1 Hour	10:00	3:30	3:45	3:45	2:30	10:30
		1:30	4:30	4:15	5:30	3:30	
		2:45					
		3:30					
		3:45					
		4:00					
Beginner	GymStars 2, 6-8 yr	3:30 A, B	1:15	3:45	3:30	12:45	9:15
	1 Hour	4:45	3:30 A, B	4:45	5:30	2:00	11:00
			4:15			2:30	11:30
			4:30			3:30	
						4:00	
Beginner	GymStars 3, 8-12 yr	5:00	3:45	4:45	5:00		9:30
	1 Hour						
Intermediate	SuperGymStars 1, 5-7 yr	3:30	4:30	3:30	3:30		9:45
	1.5 Hours	4:00					
Intermediate	SuperGymStars 2, 7-11 yr	4:30	4:00	4:00	3:30	3:30	9:00
	1.5 Hours	5:45	4:30	4:30			10:30
				5:45			11:00
Intermediate/Advanced	Teen Tumble 12-18 yr				6:30		
	1.5 Hours						
Advanced	GymGirls 1, 6-8 yr				3:45	3:30	
	2 Hours						
Advanced	GymGirls 2, 8-11 yr	6:00		6:15		5:30	10:30
	2 Hours						
Advanced	Exxcel Dynamo Stars, 8-13 yr	6:00	5:15				
	(By Recommendation) 2 Hours		5:30				

\*There is an annual \$40 membership fee per child/Family membership \$50.

\*The schedule is subject to change.