



2023-2024 GIRLS Team Schedule

	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>	<i>Hrs per wk</i>
	<u>GIRLS GYMNASSTICS TEAM</u>							
Girls Junior Pre-Team			3:45 - 5:15					1.5
Girls Pre-Team			3:45 - 5:15		4:00 - 5:30			3
Girls Dynamos Team			6:00 - 8:00				8:00a - 10:00a	4
Girls Level 2	3:30 - 5:30		3:30 - 5:30				7:30a - 9:30a	6
Girls Level 3		3:30 - 6:30		3:30 - 6:30		10:15a - 1:15p		9
Girls Level 4		4:30 - 7:30		4:30 - 7:30	3:30 - 6:30	8:30a - 11:30a		12
Girls Level 5/6	5:00 - 8:15		5:00 - 8:15		4:45 - 8:15	7:00a - 10:00a		13
Girls Level 7/8	4:15 - 7:45	4:15 - 7:45		4:15 - 7:45	4:15 - 7:45	7:00a - 10:00a		17
Girls Level 8/9	5:15 - 9:15	5:15 - 9:15	5:15 - 9:15		5:15 - 9:15	11:00a - 3:00p		20
Girls Level 10	5:15 - 9:15	5:15 - 9:15	5:15 - 9:15	5:15 - 9:15	5:15 - 9:15	11:00a - 3:00p		24
Xcel Bronze		5:45 - 8:15		5:15 - 7:45				5
Xcel Silver			5:30 - 8:30		4:30 - 7:30			6
Xcel Gold		7:00 - 9:15		7:00 - 9:15			9:45a - 1:15p	8
Xcel Platinum	6:15 - 9:15		6:15 - 9:15		6:15 - 9:15		8:00a - 12:00p	13
Xcel Diamond	6:15 - 9:15		6:15 - 9:15	6:15 - 9:15	6:15 - 9:15		8:00a - 12:00p	16
*There is a \$40.00 annual enrollment fee/family \$50.00.								
*Pricing and schedule may vary.								
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